

# APP-lication of Faith @ HOME

This week's Building Faith @ Home is a little different. Let's talk tech! How many times do you look at your cell phone, sometimes for no reason at all? Our smartphones have become almost like security blankets in our pockets. Let's think of our phones as "a cross in my pocket" instead... a reminder that Jesus is always with us, and we can be with him in prayer, scripture, song, and formation. The Office of Catechesis has compiled a list of our favorite apps that your family can use. So next time you reach for your phone, reach for faith! Take a moment to pray or read scripture, meditate on the words in today's Gospel, or sing a favorite hymn.

## Children & families

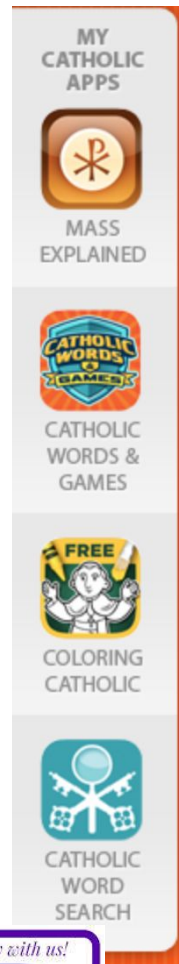
- Saint of the Day
- Audio Catholic Kids
- Catholic Words & Games
- Pray as you go (includes children's prayers as well... whole family!)

## Teens & Young Adults

- Catholic Study Bible App (Ignatius Press Bible)
- 40 Day Spiritual Workout for Catholic Teens (Tim Rice)
- FOCUS Equip (iOS, Android, Windows Phone)
- DECISION POINT - Catholic App Dynamic Catholic (ios, android, Mac & PC)
- Bible-catholic study
- DoCat

## Adults

- Laudate Free (Apple, Android)
- Pray (The Catholic Novena App)
- Daily Readings for Catholics
- Catholic Mass Times
- The Pope App Free (Apple, Android)
- CatholicTV (Free)
- Hallow: Catholic Meditation
- Word on Fire Free (Apple)
- Liturgical Calendar (Android only)
- Breadbox Media
- Discerning Hearts
- One Minute Pause or 3 Minute Retreat - (Apple)
- Catholic Social Teaching - (Apple)
- Family Rosary - (Apple, Android)
- Pocket Rosary - (Apple, Android)
- Mea Culpa (iOS)
- 3 minute retreat..ios, android
- Pray Catholic Novenas
- Great Catholic music
- Centering Prayer app



Download the  
Laudate App

It's Free!  
Includes pray



## Podcasts

- Sunday, Sunday, Sunday:** a look at the upcoming Sunday readings for Mass with Mark Hart from LifeTeen. A great resource every young Catholic should try to listen to before attending Mass each week.
- The Fr. Mike Schmitz Podcast:** Fr. Mike works as a university chaplain in the USA and his podcasts are targeted primarily at the university students and current faith topics related to them.
- Ascension Roundtable:** Talks for those who are active in leading ministry in their parish, group or organization. E.g. Tips on Catholic fundraising, teamwork dynamics and more.
- The Word On Fire Podcast** A weekly podcast from Bishop Robert Barron on faith and culture.



Thanks to the Catechetical Leaders in the Diocese of Syracuse  
for sharing these great ideas for families!  
Our website [RCfaithquest.syrdio.org](http://RCfaithquest.syrdio.org) has many ideas for this summer!

