Stay up to date by visiting

Clean and disinfect frequently touched objects and surfaces.

Tissue, then throw the tissue in the trash.

Cover your cough or sneeze with a

Stay home when you are sick.

Avoid touching your eyes, nose, and mouth.

Avoid close contact with people who are sick.

Before eating, wash your hands often with soap and water for at least 20 seconds, especially

Protect yourself from the spread of germs.

of COVID-19 and other viruses:

Simple steps help stop the spread

www.ny.gov/coronavirus