



YEAR OF SAINT JOSEPH

LITURGICAL RESOURCES

Diocese of Syracuse

Honoring Saint Joseph during the Liturgical Year

- † Dec 27, 2020 · Feast of the Holy Family of Jesus, Mary, and Joseph
 - † Mar 19, 2021 · Solemnity of Saint Joseph, Spouse of the Blessed Virgin Mary
 - † May 1, 2021 · Memorial of Saint Joseph the Worker
 - † June 20, 2021 · Father's Day
 - † August 21, 2021 · Our Lady of Knock
 - † November 1, 2021 · Solemnity of All Saints
- Saint Joseph is also traditionally honored on Wednesdays
and on the 19th of each month during the Year of Saint Joseph*

Meditating on Saint Joseph during the Liturgical Year

- † [Matthew 1-2](#)
- † [Luke 1-2](#)
- † St Bernardine of Siena · Sermo 2, de S. Joseph Hours, Office of Readings, Solemnity of Saint Joseph, vol. 2, pp. 1721-1723
- † Leo XIII · Encyclical Letter [Quamquam Pluries](#)
- † Saint Paul VI · Address 'Nazareth', 5 Jan 1964 Hours, Office of Readings, Feast of the Holy Family, vol. 1, pp. 426-428
- † Saint John Paul II · Apostolic Exhortation [Redemptoris Custos](#)
- † Pope Francis · [Homily for the Mass for the Beginning of the Petrine Ministry](#), 19 Mar 2013
- † Pope Francis · Apostolic Letter [Patris Corde](#)

Plenary Indulgences

A plenary indulgence (the remission of temporal punishment due to sin) is granted to the faithful who, with a spirit detached from any sin, fulfill the usual conditions of sacramental confession, Eucharistic Communion, and prayer for the Pope's intentions and who, during the Year of Saint Joseph...

† Meditate for at least 30 minutes on the Lord's Prayer.

† Take part in a Spiritual Retreat of at least one day that includes a meditation on St. Joseph.

† Following St. Joseph's example, perform a spiritual work of mercy or corporal work of mercy. † Recite the Holy Rosary as a family or as an engaged couple.

† Entrust your daily activity to the protection of St. Joseph and invoke the intercession of St. Joseph so that those seeking work can find dignifying work.

† Recite the Litany to St. Joseph for the persecuted Church ad intra and ad extra and for the relief of all Christians suffering all forms of persecution.

† Recite any legitimately approved prayer or act of piety in honor of St. Joseph on the Feast of the Holy Family, on March 19th, on May 1st, on the 19th of each month and every Wednesday.

For the Sick, Hospitalized, and Homebound Amid the ongoing Covid-19 health crisis, the gift of the plenary indulgence is also extended to the sick, the elderly, the dying and all those who for legitimate reasons are unable to leave their homes. They too can obtain the plenary indulgences if they are detached from any sin and have the intention of fulfilling, as soon as possible, the three usual conditions and recite an act of piety in honor of St. Joseph, offering to God the pains and hardships of their lives.

Litany of Saint Joseph

Lord, have mercy *R/. Lord, have mercy.*
Christ, have mercy *R/. Christ, have mercy.*
Lord, have mercy *R/. Lord, have mercy.*
God our Father in heaven *R/. Have mercy on us.*
God the Son, Redeemer of the world. *R/. Have mercy on us.*
God the Holy Spirit *R/. Have mercy on us.*
Holy Trinity, one God *R/. Have mercy on us.*
 Holy Mary *R/. Pray for us.*
 Saint Joseph *R/. Pray for us.*
Noble son of the House of David *R/. Pray for us.*
 Light of patriarchs *R/. Pray for us.*
Husband of the Mother of God *R/. Pray for us.*
 Guardian of the Virgin *R/. Pray for us.*
Foster father of the Son of God *R/. Pray for us.*
 Faithful guardian of Christ *R/. Pray for us.*
 Head of the holy family *R/. Pray for us.*
 Joseph, chaste and just *R/. Pray for us.*
 Joseph, prudent and brave *R/. Pray for us.*
 Joseph, obedient and loyal *R/. Pray for us.*
 Pattern of patience *R/. Pray for us.*
 Lover of poverty *R/. Pray for us.*
 Model of workers *R/. Pray for us.*
 Example to parents *R/. Pray for us.*
 Guardian of virgins *R/. Pray for us.*
 Pillar of family life *R/. Pray for us.*
Comfort of the troubled *R/. Pray for us.*
 Hope of the sick *R/. Pray for us.*
 Patron of the dying *R/. Pray for us.*
 Terror of evil spirits *R/. Pray for us.*
Protector of the Church *R/. Pray for us.*
Lamb of God, you take away the sins of the world *R/. Spare us O Lord.*
Lamb of God, you take away the sins of the world *R/. Hear us O Lord.*
Lamb of God, you take away the sins of the world *R/. Have mercy on us.*

Let us pray. God, in your infinite wisdom and love you chose Joseph to be the husband of Mary, the mother of your Son. May we have the help of his prayers in heaven and enjoy his protection on earth. We ask this through Christ our Lord. Amen.

Prayer of Consecration to Saint Joseph

O Glorious Patriarch and Patron of the Church! O Virgin Spouse of the Virgin Mother of God! O Guardian and Virginal Father of the Word Incarnate! In the presence of Jesus and Mary, I choose you this day to be my father, my guardian, and my protector.

O great St. Joseph, whom God has made the Head of the Holy Family, accept me, I beseech you, though utterly unworthy, to be a member of your “Holy House.” Present me to your Immaculate Spouse; ask her also to adopt me as her child. With her, pray that I may constantly think of Jesus, and serve him faithfully to the end of my life. O Terror of Demons, increase in me virtue, protect me from the evil one, and help me not to offend God in any way.

O my Spiritual Father, I hereby consecrate myself to you. In faithful imitation of Jesus and Mary, I place myself and all my concerns under your care and protection. To you, after Jesus and Mary, I consecrate my body and soul, with all their faculties, my spiritual growth, my home, and all my affairs and undertakings.

Forsake me not, but adopt me as a servant and child of the Holy Family. Watch over me at all times, but especially at the hour of my death. Console and strengthen me with the presence of Jesus and Mary so that, with you, I may praise and adore the Holy Trinity for all eternity. Amen.

(Source for this resource: Dr. James Starke, Diocese of Arlington)